



## Adult Dance Classes ♥

### Adult Ballet

Enjoy learning ballet while developing confidence, mental concentration, physical coordination and grace. This class is for students seeking an introduction to ballet or experienced dancers who just want to dance. Please note that students wanting to wear pointe shoes may do so at their own risk and at the discretion of the instructor.

**Harding Community Center: Recreation Hall**

**Instructor: Candice Kaal-Jack** **Age: 16Y and up**

| CLASS# | TIME        | DAYS | DATE          | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-----------|
| 55848  | 8:30-9:30am | Sa   | Jan 5-Feb 9   | 6c   | \$63/\$73 |
| 55849  | 8:30-9:30am | Sa   | Feb 23-Mar 30 | 6c   | \$63/\$73 |
| 55850  | 8:30-9:30am | Sa   | Apr 13-May 18 | 6c   | \$63/\$73 |

**Stagecoach Community Center: Activity Room**

**Instructor: Candice Kaal-Jack** **Age: 16Y and up**

| CLASS# | TIME        | DAYS | DATE          | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-----------|
| 55845  | 6:00-7:00pm | Th   | Jan 3-Feb 7   | 6c   | \$63/\$73 |
| 55846  | 6:00-7:00pm | Th   | Feb 21-Mar 28 | 6c   | \$63/\$73 |
| 55847  | 6:00-7:00pm | Th   | Apr 11-May 16 | 6c   | \$63/\$73 |

### Belly Dance

#### Beginning/Intermediate

Learn feminine dance movements to beautiful Middle Eastern music. Dance is wonderful for toning, increased flexibility and core muscle strengthening. Both beginners and intermediate levels learn choreography. There are optional performance opportunities throughout the year. Please wear hip scarf and socks or suede/leather soled shoes. Drop in \$10.

**Stagecoach Community Center: Activity Room**

**Instructor: Vicki Kalin Deriso** **Age: 18Y and up**

| CLASS# | TIME        | DAYS | DATE          | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-----------|
| 55621  | 6:30-7:30pm | Tu   | Jan 8-Feb 5   | 5c   | \$45/\$55 |
| 55622  | 6:30-7:30pm | Tu   | Feb 19-Mar 26 | 6c   | \$54/\$64 |
| 55623  | 6:30-7:30pm | Tu   | Apr 9-May 14  | 6c   | \$54/\$64 |
| 55624  | 6:30-7:30pm | Tu   | May 28-Jul 2  | 6c   | \$54/\$64 |

### Country Line Dance

Come on out and click your heels! Line dance to your favorite country and contemporary music. Choreography for beginning and intermediate levels provides excellent health benefits by improving muscle strength, toning, increased flexibility and cardio fitness. Please wear suede/leather soled dance shoes. Drop in \$10.

**Stagecoach Community Center: Activity Room**

**Instructor: Vicki Kalin Deriso** **Age: 18Y and up**

| CLASS# | TIME        | DAYS | DATE          | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-----------|
| 55625  | 7:35-8:35pm | Tu   | Jan 8-Feb 5   | 5c   | \$48/\$58 |
| 55626  | 7:35-8:35pm | Tu   | Feb 19-Mar 26 | 6c   | \$57/\$67 |
| 55627  | 7:35-8:35pm | Tu   | Apr 9-May 14  | 6c   | \$57/\$67 |
| 55628  | 7:35-8:35pm | Tu   | May 28-Jul 2  | 6c   | \$57/\$67 |

### Cuban Salsa – Rueda de Casino

Come learn an international favorite! Cuban Salsa danced in a circle switching partners, also called 'Rueda de Casino.' This is a fun way to dance with everyone and learn some Spanish along the way. Similar to square dancing, this dance creates community spirit that keeps people coming back for more.

**Calavera Hills Community Center: Activity Room**

**Instructor: Maritza Baida** **Age: 18Y and up**

| CLASS# | TIME        | DAYS | DATE         | TERM | R/NR FEES |
|--------|-------------|------|--------------|------|-----------|
| 55750  | 7:30-8:30pm | M    | Jan 7-Feb 11 | 5c   | \$40/\$50 |
| 55751  | 7:30-8:30pm | M    | Mar 4-Apr 22 | 8c   | \$64/\$74 |
| 55752  | 7:30-8:30pm | M    | May 6-Jun 24 | 7c   | \$56/\$66 |

## Jitterbug Swing

### Beginner

Would you like to Swing dance with self-confidence? This is the world's most popular swing dance and is performed to many big band and rock songs. We'll focus on rhythm, lead/follow and learn basic steps and turns. Singles are welcome; couples will not be separated. \$10 materials fee due to the instructor the first night.

#### Harding Community Center: Recreation Hall

**Instructor: Christy Johnson**

**Age: 16Y and up**

| CLASS# | TIME        | DAYS | DATE          | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-----------|
| 55902  | 7:00-8:00pm | W    | Apr 10-May 15 | 6c   | \$79/\$89 |

### Intermediate

Now that you're having fun, let's get working on those wonderful Jitterbug steps and turns! You will learn more intricate arm work and various step rhythms. Enjoy practicing this high energy dance to Rock a Billy music from the 30's, 40's and 50's. Singles are welcome; couples will not be separated. \$10 materials fee due to instructor the first night.

#### Harding Community Center: Recreation Hall

**Instructor: Christy Johnson**

**Age: 16Y and up**

| CLASS# | TIME        | DAYS | DATE         | TERM | R/NR FEES |
|--------|-------------|------|--------------|------|-----------|
| 55903  | 8:00-9:00pm | W    | May 29-Jul 3 | 6c   | \$79/\$89 |

## Line Dance

### Improver

This class is for experienced Beginners moving up to Improver Level. New choreography taught regularly, will cross various music genres. Join us for fun and make new friends, as we advance with our dance skills. Drop in fee \$7.00.

## Senior Center: Activity Room

**Instructor: Barbara Miranda**

**Age: 14Y and up**

| CLASS# | TIME        | DAYS | DATE          | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-----------|
| 55610  | 7:00-8:00pm | W    | Jan 9-Feb 6   | 5c   | \$31/\$41 |
| 55611  | 7:00-8:00pm | W    | Feb 13-Mar 27 | 6c   | \$37/\$47 |
| 55612  | 7:00-8:00pm | W    | Apr 3-May 15  | 6c   | \$37/\$47 |
| 55613  | 7:00-8:00pm | W    | May 29-Jul 3  | 6c   | \$37/\$47 |

## Intermediate/Advanced

The experienced line dancer will learn new choreography from the international line dance community that spans various music genres. We will prepare for attending conventions and workshops as well. Join us for a good workout! Drop in fee \$8. No classes will be offered on holidays.

## Senior Center: Activity Room

**Instructor: Barbara Miranda**

**Age: 14Y and up**

| CLASS# | TIME        | DAYS | DATE          | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-----------|
| 55606  | 5:00-7:00pm | W    | Jan 9-Feb 6   | 5c   | \$39/\$49 |
| 55607  | 5:00-7:00pm | W    | Feb 13-Mar 27 | 6c   | \$47/\$57 |
| 55608  | 5:00-7:00pm | W    | Apr 3-May 15  | 6c   | \$47/\$57 |
| 55609  | 5:00-7:00pm | W    | May 29-Jul 3  | 6c   | \$47/\$57 |

## Nite Club Two Step Intermediate

Now learn the beautiful turns and arm work for which this romantic and elegant dance is famous. After this course, you will be able to dance with style, posture and grace. Singles are welcome and couples will not be split up. \$10 materials fee due to the instructor the first night.

#### Harding Community Center: Recreation Hall

**Instructor: Christy Johnson**

**Age: 16Y and up**

| CLASS# | TIME        | DAYS | DATE        | TERM | R/NR FEES |
|--------|-------------|------|-------------|------|-----------|
| 55907  | 8:00-9:00pm | W    | Jan 2-Feb 6 | 6c   | \$79/\$89 |

## Salsa & Cha Cha

### Beginner

Come learn the basic steps of these two hot dances in a fun, relaxed atmosphere. Salsa & Cha-Cha are very popular and fun dances to learn and this is the place to start! We will focus on rhythm, handwork and turns to have you steppin' out in style. \$10 material fee paid to instructor at first class.

#### Harding Community Center: Recreation Hall

**Instructor: Christy Johnson**

**Age: 16Y - 60Y**

| CLASS# | TIME        | DAYS | DATE         | TERM | R/NR FEES |
|--------|-------------|------|--------------|------|-----------|
| 56044  | 7:00-8:00pm | W    | Jan 2-Feb 6  | 6c   | \$79/\$89 |
| 56045  | 8:00-9:00pm | W    | May 29-Jul 3 | 6c   | \$79/\$89 |

### Intermediate

Now that you've got the basic steps, let's get some more steamy moves and combinations in these two fun dances! We'll continue to work on the sassy smooth style and spend more time on the intricate arm work and lead/follow techniques. \$10 Materials fee paid to teacher at first class.

#### Harding Community Center: Recreation Hall

**Instructor: Christy Johnson**

**Age: 16Y - 80Y**

| CLASS# | TIME        | DAYS | DATE          | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-----------|
| 56047  | 8:00-9:00pm | W    | Feb 20-Mar 27 | 6c   | \$79/\$89 |

## FACILITY RENTALS

## Special Places for your Special Event

Whether you're planning a wedding, birthday party, corporate event or family get-together, we've got a space that's right for you!

Consider renting one of these Recreation facilities for your next event:

- Scenic Leo Carrillo Ranch Historic Park or Magee Park
- Versatile meeting and activity rooms at the Senior Center
- Three Community Centers located throughout the City
  - 10+ parks with picnic areas and other amenities

## CONTACT US TODAY!

See p. 12 for Parks and Facilities amenities or visit [www.carlsbadconnect.org](http://www.carlsbadconnect.org) for more information on facility and park rentals.

## Soul Line Dancing

### Beginner

Join the hottest trend in Line Dancing! If you love R&B, Soul and Hip-Hop music and love to Line Dance...this is the perfect marriage of the two. We'll learn several very fun 2 wall, 4 wall and circle dances to some really soulful music. \$10 materials fee paid to teacher at first class.

**Harding Community Center: Auditorium**

**Instructor: Christy Johnson**

**Age: 16Y - 60Y**

| CLASS# | TIME        | DAYS | DATE          | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-----------|
| 55908  | 7:30-8:30pm | M    | Jan 7-Feb 11  | 5c   | \$66/\$76 |
| 55909  | 7:30-8:30pm | M    | Feb 25-Mar 25 | 5c   | \$66/\$76 |
| 55910  | 7:30-8:30pm | M    | Apr 8-May 13  | 6c   | \$79/\$89 |

## West Coast Swing

### Beginner

This smooth bluesy swing dance is the official dance of California! Christy provides a fun relaxed atmosphere where you can learn or review basic dance patterns focusing on rhythm, steps and combinations. Its great exercise and you will be swinging' in style. Singles are welcome; couples will not be separated. \$10 materials fee due to the instructor the first night.

**Harding Community Center: Recreation Hall**

**Instructor: Christy Johnson**

**Age: 16Y and up**

| CLASS# | TIME        | DAYS | DATE          | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-----------|
| 55896  | 7:00-8:00pm | W    | Feb 20-Mar 27 | 6c   | \$79/\$89 |

### Intermediate

Now that you've got the basic steps in West Coast Swing, let's kick it up a notch and start to move with some incredibly fun turns! We'll work on more great step patterns, smooth styling and the intricate lead and follow techniques. \$10 Materials fee paid to teacher at first class.

**Harding Community Center: Recreation Hall**

**Instructor: Christy Johnson**

**Age: 16Y and up**

| CLASS# | TIME        | DAYS | DATE          | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-----------|
| 56046  | 8:00-9:00pm | W    | Apr 10-May 15 | 6c   | \$50/\$60 |

*Sign up* 

New classes, events and fun  
delivered right to your email  
[www.carlsbadca.gov/parksandrec](http://www.carlsbadca.gov/parksandrec)



## The City of Carlsbad *difference*

When you register your children in City of Carlsbad programs, you can rest assured that they are in safe hands with program leaders who are:

- Professionally trained
- Background checked
- Fingerprinted







## Youth Dance Classes ♥

Youth dance classes are continuous programs offered throughout the year. Classes that do not offer recital participation are indicated. Online registration is available for open registration classes.

Participation in recitals, exhibitions or competitions that may be offered by individual instructors is optional and considered outside of the dance programs offered by City of Carlsbad Park & Recreation. Additional fees or costs associated with participation in recital, exhibitions or competitions are not included in the course fees. For recital programming the final sessions prior to the performance are priority only and require registration in the previous sessions. These priority classes are not available for online registration.

### Ballet I

Dance fosters good posture, grace and musicality while encouraging creativity and self-confidence through movement. This beginning class fosters a love of dance. Classes consist of warm up, stretches and working at the barre. Dancers also perform exercises across the floor and in center.

#### Harding Community Center: Recreation Hall

Instructor: Linda Wilkerson

Age: 3Y - 5Y

| CLASS# | TIME        | DAYS | DATE          | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-----------|
| 55812  | 1:30-2:15pm | Th   | Jan 10-Feb 28 | 8c   | \$64/\$74 |
| 55813  | 1:30-2:15pm | Th   | Mar 7-Apr 25  | 7c   | \$56/\$66 |
| 55809  | 2:15-3:00pm | Th   | Jan 10-Feb 28 | 8c   | \$64/\$74 |
| 55810  | 2:15-3:00pm | Th   | Mar 7-Apr 25  | 7c   | \$56/\$66 |

### Princess Ballet: Non-recital

This magical class is for every little girl who dreams of becoming a princess! Using wands, wings, crowns, dress-up and more, they will be learning grace and poise and the fundamentals of ballet as they become transformed into their favorite princess and learn dances from all their favorite songs!

#### Calavera Hills Community Center: Activity Room

Instructor: Candice Kaal-Jack

Age: 3Y - 6Y

| CLASS# | TIME          | DAYS | DATE          | TERM | R/NR FEES |
|--------|---------------|------|---------------|------|-----------|
| 55830  | 10:45-11:30am | Tu   | Jan 8-Feb 5   | 5c   | \$39/\$49 |
| 55831  | 10:45-11:30am | Tu   | Feb 19-Mar 26 | 6c   | \$47/\$57 |
| 55832  | 10:45-11:30am | Tu   | Apr 9-May 14  | 6c   | \$47/\$57 |

#### Stagecoach Community Center: Activity Room

Instructor: Candice Kaal-Jack

Age: 3Y - 6Y

| CLASS# | TIME        | DAYS | DATE          | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-----------|
| 55827  | 1:00-1:45pm | Th   | Jan 3-Feb 7   | 6c   | \$47/\$57 |
| 55828  | 1:00-1:45pm | Th   | Feb 21-Mar 28 | 6c   | \$47/\$57 |
| 55829  | 1:00-1:45pm | Th   | Apr 11-May 16 | 6c   | \$47/\$57 |

### Princess Ballet/Tap: Non-recital

We will use a variety of props to enhance their imagination and enjoyment through two fundamental styles of dance and each class your little girl will become the princess of her dreams! This is a great class for children who are getting ready to attend preschool for the first time.

#### Harding Community Center: Recreation Hall

Instructor: Candice Kaal-Jack

Age: 3Y - 6Y

| CLASS# | TIME          | DAYS | DATE          | TERM | R/NR FEES |
|--------|---------------|------|---------------|------|-----------|
| 55833  | 10:00-10:45am | F    | Jan 4-Feb 8   | 6c   | \$47/\$57 |
| 55834  | 10:00-10:45am | F    | Feb 22-Mar 29 | 6c   | \$47/\$57 |
| 55835  | 10:00-10:45am | F    | Apr 12-May 17 | 6c   | \$47/\$57 |
| 55836  | 10:00-10:45am | Sa   | Jan 5-Feb 9   | 6c   | \$47/\$57 |
| 55837  | 10:00-10:45am | Sa   | Feb 23-Mar 30 | 6c   | \$47/\$57 |
| 55838  | 10:00-10:45am | Sa   | Apr 13-May 18 | 6c   | \$47/\$57 |

### Ballet I

Dance fosters good posture, grace and musicality while encouraging creativity and self-expression through movement. This introductory class fosters a love of dance. Classes consist of warm up and stretches. Dancers also perform exercises across the floor and in center.

#### Stagecoach Community Center: Activity Room

Instructor: Candice Kaal-Jack

Age: 5Y - 7Y

| CLASS# | TIME        | DAYS | DATE          | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-----------|
| 55821  | 3:10-4:00pm | Th   | Jan 3-Feb 7   | 6c   | \$47/\$57 |
| 55822  | 3:10-4:00pm | Th   | Feb 21-Mar 28 | 6c   | \$47/\$57 |

#### Harding Community Center: Recreation Hall

Instructor: Linda Wilkerson

Age: 6Y - 14Y

| CLASS# | TIME        | DAYS | DATE          | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-----------|
| 55899  | 3:00-4:00pm | Th   | Jan 10-Feb 28 | 8c   | \$64/\$74 |
| 55900  | 3:00-4:00pm | Th   | Mar 7-Apr 25  | 7c   | \$56/\$66 |

To see class schedules online,  
sign-up online or for more detailed  
class descriptions, please visit  
[www.CarlsbadConnect.org](http://www.CarlsbadConnect.org)

## Ballet I-II

Prerequisite: One year of Ballet. This level helps little dancers grow by introducing new steps and emphasizing correct body mechanics. Good posture, grace and musicality are fostered. Dancers are exposed to ballet terminology and history. Basic barre exercises across the floor and in center. Exercises, games and dances reinforce coordination skills, musicality and a growing familiarity with ballet steps.

**Stagecoach Community Center: Activity Room**

**Instructor: Candice Kaal-Jack**

**Age: 4Y - 7Y**

| CLASS# | TIME        | DAYS | DATE          | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-----------|
| 55851  | 2:00-2:45pm | Th   | Jan 3-Feb 7   | 6c   | \$47/\$57 |
| 55852  | 2:00-2:45pm | Th   | Feb 21-Mar 28 | 6c   | \$47/\$57 |

## Ballet II

Prerequisite: One year of Ballet I. Dancers are introduced to new steps and emphasize correct body mechanics. Good posture, grace, terminology and musicality are fostered. Each class consists of an instructor led warm up and stretch, a basic barre, exercises across the floor and in center.

**Calavera Hills Community Center: Activity Room**

**Instructor: Candice Kaal-Jack**

**Age: 5Y - 10Y**

| CLASS# | TIME        | DAYS | DATE          | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-----------|
| 55929  | 3:30-4:20pm | Tu   | Jan 8-Feb 5   | 5c   | \$39/\$49 |
| 55930  | 3:30-4:20pm | Tu   | Feb 19-Mar 26 | 6c   | \$47/\$57 |

**Harding Community Center: Recreation Hall**

**Instructor: Linda Wilkerson**

**Age: 7Y - 15Y**

| CLASS# | TIME        | DAYS | DATE         | TERM | R/NR FEES |
|--------|-------------|------|--------------|------|-----------|
| 55931  | 4:00-5:00pm | Tu   | Jan 8-Feb 26 | 8c   | \$64/\$74 |
| 55932  | 4:00-5:00pm | Tu   | Mar 5-Apr 23 | 7c   | \$56/\$66 |

## Ballet II-III

Prerequisite: 2 years of Ballet I or mastery of Ballet I curriculum. Ballet II-III is for the dancer who is ready for the challenge of improving their skills that were learned in the previous level and who are ready for more complicated combinations and patterns. Terminology will be continued as new steps are introduced.

**Stagecoach Community Center: Activity Room**

**Instructor: Candice Kaal-Jack**

**Age: 6Y - 12Y**

| CLASS# | TIME        | DAYS | DATE          | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-----------|
| 55861  | 3:00-4:00pm | M    | Jan 7-Feb 4   | 4c   | \$31/\$41 |
| 55862  | 3:00-4:00pm | M    | Feb 25-Mar 25 | 5c   | \$39/\$49 |

## Ballet III

Prerequisite: Mastery of Ballet II-III curriculum – clean double pirouette, 90 degree extension, strong center, demonstrated understanding of proper placement, proficient grasp of Ballet II-III steps and terminology. Students work on refining their personal understanding of proper technique and placement.

**Stagecoach Community Center: Activity Room**

**Instructor: Candice Kaal-Jack**

**Age: 7Y - 12Y**

| CLASS# | TIME        | DAYS | DATE          | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-----------|
| 55871  | 4:00-5:00pm | M    | Jan 7-Feb 4   | 4c   | \$38/\$48 |
| 55872  | 4:00-5:00pm | M    | Feb 25-Mar 25 | 5c   | \$48/\$58 |

**Harding Community Center: Recreation Hall**

**Instructor: Linda Wilkerson**

**Age: 8Y - 18Y**

| CLASS# | TIME        | DAYS | DATE          | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-----------|
| 55879  | 4:00-5:30pm | Th   | Jan 10-Feb 28 | 8c   | \$80/\$90 |
| 55880  | 4:00-5:30pm | Th   | Mar 7-Apr 25  | 7c   | \$70/\$80 |

## Ballet III-IV

Prerequisite: Mastery of Ballet III curriculum. This Intermediate/Advanced level will focus on proper execution and technique. Class will consist of about 30 minutes at the barre followed by stretching. Center and combinations across the floor will include working on various pirouettes, jetes, double and triple piques, fouettes, attitude turns as well as petite allegro, and adagio will be included.

**Stagecoach Community Center: Activity Room**

**Instructor: Candice Kaal-Jack**

**Age: 9Y - 18Y**

| CLASS# | TIME        | DAYS | DATE          | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-----------|
| 55941  | 5:00-6:00pm | M    | Jan 7-Feb 4   | 4c   | \$38/\$48 |
| 55942  | 5:00-6:00pm | M    | Feb 25-Mar 25 | 5c   | \$48/\$58 |

## Ballet IV: Pre Pointe and Pointe

Prerequisite: Mastery of Ballet III-IV curriculum. Dancers build on previous ballet experience, and focus on fine tuning techniques and working on advanced combinations. Beginning pointe and preparation for pointe will also be emphasized.

**Harding Community Center: Recreation Hall**

**Instructor: Linda Wilkerson**

**Age: 7Y - 18Y**

| CLASS# | TIME        | DAYS | DATE         | TERM | R/NR FEES |
|--------|-------------|------|--------------|------|-----------|
| 55958  | 5:00-6:30pm | M    | Jan 7-Feb 25 | 6c   | \$60/\$70 |
| 55959  | 5:00-6:30pm | M    | Mar 4-Apr 22 | 7c   | \$70/\$80 |

**Stagecoach Community Center: Activity Room**

**Instructor: Candice Kaal-Jack**

**Age: 9Y - 18Y**

| CLASS# | TIME        | DAYS | DATE          | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-----------|
| 55974  | 4:00-5:00pm | Th   | Jan 3-Feb 7   | 6c   | \$54/\$64 |
| 55975  | 4:00-5:00pm | Th   | Feb 21-Mar 28 | 6c   | \$54/\$64 |

**Stagecoach Community Center: Activity Room**

**Instructor: Candice Kaal-Jack**

**Age: 12Y - 18Y**

| CLASS# | TIME        | DAYS | DATE          | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-----------|
| 55960  | 6:00-6:55pm | M    | Jan 7-Feb 4   | 4c   | \$38/\$48 |
| 55961  | 6:00-6:55pm | M    | Feb 25-Mar 25 | 5c   | \$48/\$58 |

## Ballet IV and Pointe

Dancers progress with current advanced ballet experience, and focus on fine tuning their technique. Combinations will be generally focused toward pointe. Ballet vocabulary will be revised. For those looking to start pointe, new shoes may be worn during class warm up.

**Harding Community Center: Recreation Hall**

**Instructor: Chris Laing**

**Age: 10Y - 18Y**

| CLASS# | TIME        | DAYS | DATE          | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-----------|
| 55951  | 5:15-6:15pm | F    | Jan 4-Feb 8   | 6c   | \$53/\$63 |
| 55952  | 5:15-6:15pm | F    | Feb 22-Mar 29 | 6c   | \$53/\$63 |

## NEW! Belly Dance for Teens

Belly Dance basics for teens. Come learn feminine dance steps to beautiful Middle Eastern music. Beginner steps will be repeated in every class. A new dance step will be added for each additional class. Easy to learn choreography will be taught. Instructor has taught dance fitness for 20 years.

**Stagecoach Community Center: Activity Room**

**Instructor: Vicki Kalin Deriso**

**Age: 14Y - 19Y**

| CLASS# | TIME        | DAYS | DATE          | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-----------|
| 55629  | 5:30-6:25pm | Tu   | Jan 8-Feb 5   | 5c   | \$48/\$58 |
| 55630  | 5:30-6:25pm | Tu   | Feb 19-Mar 26 | 6c   | \$57/\$67 |
| 55631  | 5:30-6:25pm | Tu   | Apr 9-May 14  | 6c   | \$57/\$67 |
| 55632  | 5:30-6:25pm | Tu   | May 28-Jul 2  | 6c   | \$57/\$67 |

## Hip Hop

### Hip Hop Mini Movers

Ready! Set! Go! This upbeat class incorporates music & muscle to help your child master the fundamentals of movement through various interactive activities. Toddlers will become familiar with basic gymnastics skills which include jumping, balancing, stretching, rolling and hanging.

#### Calavera Hills Community Center: Activity Room

**Instructor:** Arimaw Productions

**Age:** 3Y - 6Y

| CLASS# | TIME            | DAYS | DATE          | TERM | R/NR FEES |
|--------|-----------------|------|---------------|------|-----------|
| 55801  | 11:15am-12:00pm | Sa   | Jan 5-Feb 9   | 5c   | \$48/\$58 |
| 55802  | 11:15am-12:00pm | Sa   | Feb 23-Mar 30 | 6c   | \$58/\$68 |
| 55803  | 11:15am-12:00pm | Sa   | Apr 13-May 18 | 6c   | \$58/\$68 |

### Hip Hop for Beginners

Dance is a great way to stay active, build confidence and explore a fun new activity. You will be introduced to basic movements of the ever changing style of hip hop. This class is pure dance instruction, no recitals, and no costumes but offers recreational dance for everyone!

#### Stagecoach Community Center: Activity Room

**Instructor:** Arimaw Productions

**Age:** 6Y - 10Y

| CLASS# | TIME        | DAYS | DATE          | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-----------|
| 55787  | 2:30-3:15pm | Tu   | Jan 8-Feb 5   | 5c   | \$48/\$58 |
| 55788  | 2:30-3:15pm | Tu   | Feb 19-Mar 26 | 6c   | \$58/\$68 |
| 55791  | 2:30-3:15pm | Tu   | Apr 9-May 14  | 6c   | \$58/\$68 |

#### Stagecoach Community Center: Activity Room

**Instructor:** Arimaw Productions

**Age:** 9Y - 14Y

| CLASS# | TIME        | DAYS | DATE          | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-----------|
| 55768  | 3:30-4:25pm | Tu   | Jan 8-Feb 5   | 5c   | \$48/\$58 |
| 55769  | 3:30-4:25pm | Tu   | Feb 19-Mar 26 | 6c   | \$58/\$68 |
| 55773  | 3:30-4:25pm | Tu   | Apr 9-May 14  | 6c   | \$58/\$68 |

### Hip Hop Advanced Beginners

Step up your game with more advanced Hip Hop moves. Learn fun, popular, dance techniques from one of its masters. Create a music video that your friends and family can see!

#### Stagecoach Community Center: Activity Room

**Instructor:** Arimaw Productions

**Age:** 9Y - 15Y

| CLASS# | TIME        | DAYS | DATE          | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-----------|
| 55777  | 4:30-5:25pm | Tu   | Jan 8-Feb 5   | 5c   | \$48/\$58 |
| 55778  | 4:30-5:25pm | Tu   | Feb 19-Mar 26 | 6c   | \$58/\$68 |
| 55779  | 4:30-5:25pm | Tu   | Apr 9-May 14  | 6c   | \$58/\$68 |

## Jazz I

Emphasis on strengthening and flexibility as well as simple rhythmic steps like pas de burres progressing to jumps and turns. Across the floor combinations build on musicality and coordination.

#### Stagecoach Community Center: Activity Room

**Instructor:** Chris Laing

**Age:** 7Y - 11Y

| CLASS# | TIME        | DAYS | DATE          | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-----------|
| 55983  | 4:30-5:30pm | W    | Jan 2-Feb 6   | 6c   | \$53/\$63 |
| 55984  | 4:30-5:30pm | W    | Feb 20-Mar 27 | 6c   | \$53/\$63 |

To see class schedules online,  
sign-up online or for more detailed  
class descriptions, please visit  
[www.CarlsbadConnect.org](http://www.CarlsbadConnect.org)

## Jazz III

Dancers build on their current experience, and focus on fine tuning their technique. Advanced steps in combinations will build on ability and confidence. Emphasis continues on strengthening and flexibility as well as rhythmic steps in floor combinations, building on musicality and coordination.

#### Harding Community Center: Recreation Hall

**Instructor:** Chris Laing

**Age:** 9Y - 18Y

| CLASS# | TIME        | DAYS | DATE          | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-----------|
| 56000  | 6:30-7:30pm | F    | Jan 4-Feb 8   | 6c   | \$53/\$63 |
| 56001  | 6:30-7:30pm | F    | Feb 22-Mar 29 | 6c   | \$53/\$63 |

## Jazz & Tap I

Music and movement encourages an appreciation of dance. Classes consist of isolations, battements, and chasses. Dancers will also learn to point and flex their toes, stretch, clap, and keep in time with the music. Dancers will also learn to do shuffles, flaps, flap heels, toe taps, heel drops in all various combinations with the music.

#### Harding Community Center: Auditorium

**Instructor:** Linda Wilkerson

**Age:** 3Y - 5Y

| CLASS# | TIME        | DAYS | DATE         | TERM | R/NR FEES |
|--------|-------------|------|--------------|------|-----------|
| 56004  | 2:00-2:55pm | M    | Jan 7-Feb 25 | 6c   | \$48/\$58 |
| 56005  | 2:00-2:55pm | M    | Mar 4-Apr 22 | 7c   | \$56/\$66 |

## Jazz & Tap I

Music and movement encourages an appreciation of dance. Class consists of isolations, battements, and chasses. Dancers will learn to point and flex their toes, stretch, clap and keep in time with the music as well as shuffles, flaps, flap heels, toe taps, heel drops in all various combinations with the music. This is a continuous program that offers optional participation in a recital

#### Harding Community Center: Auditorium

**Instructor:** Linda Wilkerson

**Age:** 6Y - 14Y

| CLASS# | TIME        | DAYS | DATE         | TERM | R/NR FEES |
|--------|-------------|------|--------------|------|-----------|
| 56007  | 3:00-4:00pm | Tu   | Jan 8-Feb 26 | 8c   | \$64/\$74 |
| 56008  | 3:00-4:00pm | Tu   | Mar 5-Apr 23 | 7c   | \$56/\$66 |

## Jazz & Tap II

Advancement to this level will build on previous dance steps and begin to work on proper body mechanics and memory. Students will learn pirouettes, more advanced stretching, and grand jetes. Tap instruction will introduce more combinations and faster rhythms.

#### Harding Community Center: Auditorium

**Instructor:** Linda Wilkerson

**Age:** 7Y - 13Y

| CLASS# | TIME        | DAYS | DATE         | TERM | R/NR FEES |
|--------|-------------|------|--------------|------|-----------|
| 56013  | 2:55-3:55pm | M    | Jan 7-Feb 25 | 6c   | \$48/\$58 |
| 56014  | 2:55-3:55pm | M    | Mar 4-Apr 22 | 7c   | \$56/\$66 |

## Jazz & Tap III

In this class students spend two thirds of the class focused on jazz. Emphasis on strengthening and flexibility as well as advanced jumps and turns will be introduced. Large second jumps, axles, chaine turn combinations, battement combinations, tilts and leg lifts will be introduced. This is a continuous program that offers optional recital participation.

#### Harding Community Center: Auditorium

**Instructor:** Linda Wilkerson

**Age:** 9Y - 18Y

| CLASS# | TIME        | DAYS | DATE         | TERM | R/NR FEES |
|--------|-------------|------|--------------|------|-----------|
| 56017  | 5:00-6:00pm | Tu   | Jan 8-Feb 26 | 8c   | \$64/\$74 |
| 56018  | 5:00-6:00pm | Tu   | Mar 5-Apr 23 | 7c   | \$56/\$66 |



## Leaps & Turns

This Leaps and Turns class is a specialty class designed to teach proper technique for turns (chaines, pirouettes, piques, axels, etc.) We recommend this class be taken along with a student's regular dance class but not in place of their dance class. The instructor will also focus on technical execution of advanced turn sequences and leap combinations.

**Calavera Hills Community Center: Activity Room**

**Instructor: Candice Kaal-Jack** **Age: 8Y - 18Y**

| CLASS# | TIME        | DAYS | DATE          | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-----------|
| 56020  | 5:30-6:30pm | Tu   | Jan 8-Feb 5   | 5c   | \$45/\$55 |
| 56021  | 5:30-6:30pm | Tu   | Feb 19-Mar 26 | 6c   | \$54/\$64 |
| 56022  | 5:30-6:30pm | Tu   | Apr 9-May 14  | 6c   | \$54/\$64 |

## Lyrical I

This beginning class encourages a love of dance. Warm up stretches and across the floor and center exercises are covered. An understanding of ballet is preferred, but not required, as lyrical builds on ballet movement. Lyrical attire is similar to that of a ballet class and dance shoes are required.

**Harding Community Center: Recreation Hall**

**Instructor: Chris Laing** **Age: 8Y - 14Y**

| CLASS# | TIME        | DAYS | DATE          | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-----------|
| 56023  | 4:00-5:00pm | F    | Jan 4-Feb 8   | 6c   | \$53/\$63 |
| 56024  | 4:00-5:00pm | F    | Feb 22-Mar 29 | 6c   | \$53/\$63 |
| 56025  | 4:00-5:00pm | F    | Apr 12-May 17 | 6c   | \$53/\$63 |

## Lyrical II

As you continue to develop your skills, floor combinations will include routines that further develop musicality and rhythm. Jumps and turns will be covered as self-coordination is developed. This is a continuous program that offers optional recital participation.

**Stagecoach Community Center: Activity Room**

**Instructor: Chris Laing** **Age: 10Y - 15Y**

| CLASS# | TIME        | DAYS | DATE          | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-----------|
| 56026  | 5:30-6:30pm | W    | Jan 2-Feb 6   | 6c   | \$53/\$63 |
| 56027  | 5:30-6:30pm | W    | Feb 20-Mar 27 | 6c   | \$53/\$63 |
| 56028  | 5:30-6:30pm | W    | Apr 10-May 15 | 6c   | \$53/\$63 |

## Lyrical III

Lyrical builds on elements of Ballet. Dance will be expressed thru the lyrics of music, demonstrating how lyrical song and movement go together. Lyrical attire is similar to that of a ballet class and dance shoes are required for turns and other steps. This is a continuous program that offers optional recital participation.

**Harding Community Center: Recreation Hall**

**Instructor: Chris Laing** **Age: 10Y - 18Y**

| CLASS# | TIME            | DAYS | DATE          | TERM | R/NR FEES |
|--------|-----------------|------|---------------|------|-----------|
| 56030  | 11:00am-12:00pm | Sa   | Jan 5-Feb 9   | 6c   | \$53/\$63 |
| 56031  | 11:00am-12:00pm | Sa   | Feb 23-Mar 30 | 6c   | \$53/\$63 |
| 56032  | 11:00am-12:00pm | Sa   | Apr 13-May 18 | 6c   | \$53/\$63 |
| 56033  | 11:00am-12:00pm | Sa   | Jun 1-Jul 6   | 6c   | \$53/\$63 |

Activities and classes with ❤ offer a health and wellness benefit to the participant.

## Contemporary/Lyrical III-IV

Dancers will warm up, strengthen and stretch. This level focuses on lyrical combinations and progressions. Dancers will combine both ballet technique and various jazz styles, along with contemporary music.

**Harding Community Center: Recreation Hall**

**Instructor: Linda Wilkerson** **Age: 8Y - 18Y**

| CLASS# | TIME        | DAYS | DATE         | TERM | R/NR FEES |
|--------|-------------|------|--------------|------|-----------|
| 56034  | 4:00-5:00pm | M    | Jan 7-Feb 25 | 6c   | \$48/\$58 |
| 56035  | 4:00-5:00pm | M    | Mar 4-Apr 22 | 7c   | \$56/\$66 |

## Stretch and Strengthening: Dance Core Conditioning

This class will consist of various stretch exercises and strength building moves using stability balls, resistance bands, weights and more to sculpt all your major muscle groups. Class is designed to increase range of motion and to improve flexibility. Conditioning for Dance improves your technique and performance in all dance forms by strengthening the body's core (abdominal and back muscles) while improving coordination, balance, turnout and flexibility.

**Calavera Hills Community Center: Activity Room**

**Instructor: Candice Kaal-Jack** **Age: 6Y - 18Y**

| CLASS# | TIME        | DAYS | DATE          | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-----------|
| 56037  | 4:30-5:30pm | Tu   | Jan 8-Feb 5   | 5c   | \$45/\$55 |
| 56038  | 4:30-5:30pm | Tu   | Feb 19-Mar 26 | 6c   | \$54/\$64 |
| 56039  | 4:30-5:30pm | Tu   | Apr 9-May 14  | 6c   | \$54/\$64 |

## City of Carlsbad Parks & Recreation

### Bring Joy to Children in Carlsbad – Support Opportunity Grants!



Every child deserves the opportunity to learn, explore and have fun. Our Opportunity Grants program provides access to Parks and Recreation programs for families that may not otherwise be able to afford it. Your donations help children in our community participate in camps, classes, aquatics and many other activities.

Consider adding a donation to your Registration Form. Contributions of any amount are welcome.

For Information call 760-434-2826 or visit [www.carlsbadca.gov/parksandrec](http://www.carlsbadca.gov/parksandrec)